

Item	Code	Description	Unit	Quantity	Price	Total
1	101	101				
2	102	102				
3	103	103				
4	104	104				
5	105	105				
6	106	106				
7	107	107				
8	108	108				
9	109	109				
10	110	110				
11	111	111				
12	112	112				
13	113	113				
14	114	114				
15	115	115				
16	116	116				
17	117	117				
18	118	118				
19	119	119				
20	120	120				
21	121	121				
22	122	122				
23	123	123				
24	124	124				
25	125	125				
26	126	126				
27	127	127				
28	128	128				
29	129	129				
30	130	130				
31	131	131				
32	132	132				
33	133	133				
34	134	134				
35	135	135				
36	136	136				
37	137	137				
38	138	138				
39	139	139				
40	140	140				
41	141	141				
42	142	142				
43	143	143				
44	144	144				
45	145	145				
46	146	146				
47	147	147				
48	148	148				
49	149	149				
50	150	150				
51	151	151				
52	152	152				
53	153	153				
54	154	154				
55	155	155				
56	156	156				
57	157	157				
58	158	158				
59	159	159				
60	160	160				
61	161	161				
62	162	162				
63	163	163				
64	164	164				
65	165	165				
66	166	166				
67	167	167				
68	168	168				
69	169	169				
70	170	170				
71	171	171				
72	172	172				
73	173	173				
74	174	174				
75	175	175				
76	176	176				
77	177	177				
78	178	178				
79	179	179				
80	180	180				
81	181	181				
82	182	182				
83	183	183				
84	184	184				
85	185	185				
86	186	186				
87	187	187				
88	188	188				
89	189	189				
90	190	190				
91	191	191				
92	192	192				
93	193	193				
94	194	194				
95	195	195				
96	196	196				
97	197	197				
98	198	198				
99	199	199				
100	200	200				

Year	Month	Day	Time	Location	Activity	Notes
2023	Jan	1	08:00	Home	Woke up	
2023	Jan	1	09:00	Home	Breakfast	
2023	Jan	1	10:00	Home	Work	
2023	Jan	1	12:00	Home	Lunch	
2023	Jan	1	13:00	Home	Work	
2023	Jan	1	15:00	Home	Work	
2023	Jan	1	17:00	Home	Work	
2023	Jan	1	18:00	Home	Dinner	
2023	Jan	1	19:00	Home	Relax	
2023	Jan	1	20:00	Home	Relax	
2023	Jan	1	21:00	Home	Relax	
2023	Jan	1	22:00	Home	Relax	
2023	Jan	1	23:00	Home	Relax	
2023	Jan	1	00:00	Home	Sleep	
2023	Jan	2	08:00	Home	Woke up	
2023	Jan	2	09:00	Home	Breakfast	
2023	Jan	2	10:00	Home	Work	
2023	Jan	2	12:00	Home	Lunch	
2023	Jan	2	13:00	Home	Work	
2023	Jan	2	15:00	Home	Work	
2023	Jan	2	17:00	Home	Work	
2023	Jan	2	18:00	Home	Dinner	
2023	Jan	2	19:00	Home	Relax	
2023	Jan	2	20:00	Home	Relax	
2023	Jan	2	21:00	Home	Relax	
2023	Jan	2	22:00	Home	Relax	
2023	Jan	2	23:00	Home	Relax	
2023	Jan	2	00:00	Home	Sleep	
2023	Jan	3	08:00	Home	Woke up	
2023	Jan	3	09:00	Home	Breakfast	
2023	Jan	3	10:00	Home	Work	
2023	Jan	3	12:00	Home	Lunch	
2023	Jan	3	13:00	Home	Work	
2023	Jan	3	15:00	Home	Work	
2023	Jan	3	17:00	Home	Work	
2023	Jan	3	18:00	Home	Dinner	
2023	Jan	3	19:00	Home	Relax	
2023	Jan	3	20:00	Home	Relax	
2023	Jan	3	21:00	Home	Relax	
2023	Jan	3	22:00	Home	Relax	
2023	Jan	3	23:00	Home	Relax	
2023	Jan	3	00:00	Home	Sleep	
2023	Jan	4	08:00	Home	Woke up	
2023	Jan	4	09:00	Home	Breakfast	
2023	Jan	4	10:00	Home	Work	
2023	Jan	4	12:00	Home	Lunch	
2023	Jan	4	13:00	Home	Work	
2023	Jan	4	15:00	Home	Work	
2023	Jan	4	17:00	Home	Work	
2023	Jan	4	18:00	Home	Dinner	
2023	Jan	4	19:00	Home	Relax	
2023	Jan	4	20:00	Home	Relax	
2023	Jan	4	21:00	Home	Relax	
2023	Jan	4	22:00	Home	Relax	
2023	Jan	4	23:00	Home	Relax	
2023	Jan	4	00:00	Home	Sleep	
2023	Jan	5	08:00	Home	Woke up	
2023	Jan	5	09:00	Home	Breakfast	
2023	Jan	5	10:00	Home	Work	
2023	Jan	5	12:00	Home	Lunch	
2023	Jan	5	13:00	Home	Work	
2023	Jan	5	15:00	Home	Work	
2023	Jan	5	17:00	Home	Work	
2023	Jan	5	18:00	Home	Dinner	
2023	Jan	5	19:00	Home	Relax	
2023	Jan	5	20:00	Home	Relax	
2023	Jan	5	21:00	Home	Relax	
2023	Jan	5	22:00	Home	Relax	
2023	Jan	5	23:00	Home	Relax	
2023	Jan	5	00:00	Home	Sleep	
2023	Jan	6	08:00	Home	Woke up	
2023	Jan	6	09:00	Home	Breakfast	
2023	Jan	6	10:00	Home	Work	
2023	Jan	6	12:00	Home	Lunch	
2023	Jan	6	13:00	Home	Work	
2023	Jan	6	15:00	Home	Work	
2023	Jan	6	17:00	Home	Work	
2023	Jan	6	18:00	Home	Dinner	
2023	Jan	6	19:00	Home	Relax	
2023	Jan	6	20:00	Home	Relax	
2023	Jan	6	21:00	Home	Relax	
2023	Jan	6	22:00	Home	Relax	
2023	Jan	6	23:00	Home	Relax	
2023	Jan	6	00:00	Home	Sleep	
2023	Jan	7	08:00	Home	Woke up	
2023	Jan	7	09:00	Home	Breakfast	
2023	Jan	7	10:00	Home	Work	
2023	Jan	7	12:00	Home	Lunch	
2023	Jan	7	13:00	Home	Work	
2023	Jan	7	15:00	Home	Work	
2023	Jan	7	17:00	Home	Work	
2023	Jan	7	18:00	Home	Dinner	
2023	Jan	7	19:00	Home	Relax	
2023	Jan	7	20:00	Home	Relax	
2023	Jan	7	21:00	Home	Relax	
2023	Jan	7	22:00	Home	Relax	
2023	Jan	7	23:00	Home	Relax	
2023	Jan	7	00:00	Home	Sleep	
2023	Jan	8	08:00	Home	Woke up	
2023	Jan	8	09:00	Home	Breakfast	
2023	Jan	8	10:00	Home	Work	
2023	Jan	8	12:00	Home	Lunch	
2023	Jan	8	13:00	Home	Work	
2023	Jan	8	15:00	Home	Work	
2023	Jan	8	17:00	Home	Work	
2023	Jan	8	18:00	Home	Dinner	
2023	Jan	8	19:00	Home	Relax	
2023	Jan	8	20:00	Home	Relax	
2023	Jan	8	21:00	Home	Relax	
2023	Jan	8	22:00	Home	Relax	
2023	Jan	8	23:00	Home	Relax	
2023	Jan	8	00:00	Home	Sleep	
2023	Jan	9	08:00	Home	Woke up	
2023	Jan	9	09:00	Home	Breakfast	
2023	Jan	9	10:00	Home	Work	
2023	Jan	9	12:00	Home	Lunch	
2023	Jan	9	13:00	Home	Work	
2023	Jan	9	15:00	Home	Work	
2023	Jan	9	17:00	Home	Work	
2023	Jan	9	18:00	Home	Dinner	
2023	Jan	9	19:00	Home	Relax	
2023	Jan	9	20:00	Home	Relax	
2023	Jan	9	21:00	Home	Relax	
2023	Jan	9	22:00	Home	Relax	
2023	Jan	9	23:00	Home	Relax	
2023	Jan	9	00:00	Home	Sleep	
2023	Jan	10	08:00	Home	Woke up	
2023	Jan	10	09:00	Home	Breakfast	
2023	Jan	10	10:00	Home	Work	
2023	Jan	10	12:00	Home	Lunch	
2023	Jan	10	13:00	Home	Work	
2023	Jan	10	15:00	Home	Work	
2023	Jan	10	17:00	Home	Work	
2023	Jan	10	18:00	Home	Dinner	
2023	Jan	10	19:00	Home	Relax	
2023	Jan	10	20:00	Home	Relax	
2023	Jan	10	21:00	Home	Relax	
2023	Jan	10	22:00	Home	Relax	
2023	Jan	10	23:00	Home	Relax	
2023	Jan	10	00:00	Home	Sleep	

